

IN AND OUT OF YOUR MIND 2022

Thursday, October 13th, 2022 – “A” Hall (HYBRID)

10.00 - 10.20 **Welcome and Introduction**

10.20 - 11.20	Keynote lecture: Mental health programs: responding to challenges of today and tomorrow	Norman Sartorius (<i>Swiss</i>)
11.20 - 11.45	The implementation of best EU mental health care practices in Croatia: JA impleMENTAL project.	Danijela Stimac Grbic (<i>Croatia</i>)
11.45 - 12.05	Proposals for public policies and services for the mental health system in the Republic of Moldova	Jana Chihai (<i>Moldova</i>)
12.05 - 12.25	Suggested future directions of medical and administrative management of psychosomatic disorders in Romania <i>(online)</i>	Lavinia Duica (<i>Romania</i>)
12.25 - 12.45	The heritage of socialist Bulgaria - the dispensary method. Analysis of the current state of the psychiatric system in Bulgaria.	Vladimir Nakov (<i>Bulgaria</i>)
12.45 - 13.00	<i>Coffee Break (E-posters view session)</i>	

13.00 - 14.30 **Thematic Session: Current perspectives in psychosis**

13.00 - 13.25	Daily time use, Physical Activity, quality of care and interpersonal relationships in patients with Schizophrenia spectrum disorders (DiAPASon): an Italian multicentre study <i>(online)</i>	Giovanni de Girolamo (<i>Italy</i>)
13.25 - 13.40	Validation of Glasgow Antipsychotic Side-effects Scale (GASS) in Albanian <i>(online)</i>	Herta Agaj (<i>Albania</i>)
13.40 - 13.50	Relationship between adult attachment insecurities and cognitive profiles of emotional regulation in women and men <i>(online)</i>	Begoña Delgado (<i>Spain</i>)
13.50 - 14.00	Drop-out factors in patients treated for Bipolar Disorder and Schizophrenia <i>(online)</i>	Eugjen Sotiri (<i>Albania</i>)
14.00 - 14.10	The community management of a mother with psychotic disorder	Anca-Silvia Stanescu (<i>Romania</i>)
14.10 - 14.30	Innovations in treatment of psychosis in SEE <i>(online)</i>	Nikolina Jovanovic (<i>UK - Croatia</i>)

14.30 - 15.00 *Lunch Break (E-posters view session)*

15.00 - 16.45 **Thematic Session: Psycho-social approaches of mental health conditions**

15.00 - 15.20	Recently from Croatia: community mental health approach	Martina Rojnic Kuzman (<i>Croatia</i>)
15.20 - 15.35	Reflections on the training in psycho-social rehabilitation <i>(online)</i>	Vaska Stancheva-Popkostadinova (<i>Bulgaria</i>)
15.35 - 15.50	Peer specialists in mental health - a real need and a real opportunity in recovery process <i>(online)</i>	Cornelia Adeola (<i>Moldova</i>)
15.50 - 16.05	Reflective citizens in cultural spaces - avenue to strengthen mental health (Example of Novi Sad Capital of Culture 2022) <i>(online)</i>	Marija Jevtic (<i>Serbia</i>)
16.05 - 16.20	Implementing a Participatory Action Research (PAR) approach to identify changes to school culture that may improve student mental health <i>(online)</i>	Naomi Leonard (<i>United Kingdom</i>)
16.20 - 16.45	How to develop community mental health services in a medium resources' country <i>(online)</i>	Graca Cardoso (<i>Portugal</i>)



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16.45 - 17.00 *Coffee Break (E-posters view session)*

17.00 - 18.00	Keynote lecture: Working with Families of Individuals with Psychosis: What is the Evidence? <i>(online)</i>	Lisa Dixon (USA)
18.00 - 19.00	Keynote lecture: Psychopharmacological treatments in early episode of psychosis <i>(online)</i>	Donald Goff (USA)

19:00 **Welcome dinner**



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13.00 - 14.30 Thematic Session: Mental health and medical conditions		
13.00 - 13.10	Depression, anxiety and stress in patients with chronic kidney disease undergoing hemodialysis: a study from Romania	Adriana-Luciana Luca <i>(Romania)</i>
13.10 - 13.25	Psychosocial problems in children living with Diabetes Mellitus Type-1	Laurant Kollcaku <i>(Albania)</i>
13.25 - 13.40	Psycho-endocrinologic aspects of Turner syndrome; Albanian cases	Agim Gjipopuli <i>(Albania)</i>
13.40 - 13.50	The effects of Inflammatory Bowel Diseases on the psychological status of affected individuals	Denisa Elena Popa <i>(Romania)</i>
13.50 - 14.00	The psychological impact of the Hepatitis C Virus Infection	Monica Danilescu <i>(Romania)</i>
14.00 - 14.15	Gut Microbiota and the emerging interest on effects of Probiotics on Mental Health: What does the studies show?	Nureini Mohamed Nureini <i>(Somalia)</i>
14.15 - 14.30	Glial Cell reprogramming in the brain of young and aged mice after ischemic stroke	Andrei Gresita <i>(Romania)</i>
14.30 - 15.00 <i>Lunch Break (E-posters view session)</i>		
14.30 - 16.45 Thematic Session: Psychotherapy and mental health		
14.30 - 14.45	Discovering the value of fear, soul pain, bitterness and void in counseling and psychotherapy. case study - depressive disorders.	Petre Radescu <i>(Romania)</i>
14.45 - 15.00	Lessons from practicing psychiatry while using an existential-analytic understanding of identity	Costin Cibeia <i>(France)</i>
15.00 - 15.10	Positive psychotherapy in people with eye nerve tick	Jada Caja <i>(Albania)</i>
15.10 - 15.45	Existential (Peer) Learning - About Experiences on Personal and Professional Development through the <i>Trilogos</i> method	Michael Weiss <i>(Norway)</i>
15.45 - 16.45 Thematic Session: Oncological illnesses and mental health		
15.45 - 16.00	The role of Psycho-Oncology in Treating Cancer Patients and their Families	Kleida Mati <i>(Albania)</i>
16.00 - 16.15	Anxiety, depression, and distress in cancer patients. An overview of the additional burden of cancer treatment.	Doriana Berberi <i>(Kosovo)</i>
16.15 - 16.30	Emotional issues of children with onco-hematologic illness	Donjeta Bali <i>(Albania)</i>
16.30 - 16.45	Emotional issues of women performing hysterectomy during reproductive age	Rexhina Bajo <i>(Albania)</i>



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Friday, October 14th, 2022 – “A” Hall (HYBRID)

09.00 - 10.10	Thematic Session: Suicide and aggression – a global phenomenon	
09.00 - 09.15	Forensic mental health services in Romania. The importance of the establishment of the National Agency for Social Protection and Safety Measures in Romania	Petre Ciprian Aldescu (Romania)
09.15 - 09.25	Seasonal pattern of suicide in mental disorders - results from a regional study in Bulgaria (online)	Kaloyan Stoichev (Bulgaria)
09.25 - 09.40	Implementation of a mobile DBT App and its impact on suicidality in transitional age youth with borderline personality disorder: a qualitative study	Tobias Schiffler (Austria)
09.40 - 09.55	Characteristics of violent and harassment behavior reported in psychiatric patients in Japan (online)	So Yayama (Japan)
09.55 - 10.10	Ten-Year Suicide Rates and Post-Pandemic Suicide Prevention in Japan (online)	Hiroaki Ambo (Japan)
10.10 - 10.55	Keynote lecture: Public Mental Health and Human Rights	Mauro Carta (Italy)
10.55 - 11.15	Everything of value is vulnerable. Sharing ethics in value driven professions.	Agnes Verbruggen (Belgium)
11.15 - 11.30	<i>Coffee Break (E-posters view session)</i>	
11.30 - 12.15	Keynote lecture: Late 'Early Intervention in Psychosis': A Family School for Learning How to Live with Schizophrenia (online)	Heinz Katschnig (Austria)
12.15 - 13.45	Thematic Session: New technology and mental health	
12.15 - 12.35	Lessons Learned or Forgotten? Impacts of COVID-19 on the Future Direction of Global (e-)Mental Health Care (online)	Davor Mucic (Denmark)
12.35 - 12.50	Increased internet usage during the first three waves of the COVID-19 pandemic and earthquakes in Croatia	Lea Tomasic (Croatia)
12.50 - 13.05	Telemedicine from "nice to have" to "a must have" (online)	Mihai Bran (Romania)
13.05 - 13.20	New trends in technology and the future of mental health (online)	Mihai Mutica (Romania)
13.20 - 13.35	An expert's view over the social media and mental health	Claire McRae (Scotland)
13.35 - 13.50	E-professionalism of psychiatrists	Tea Vukusic Rukavina (Croatia)
13.50 - 14.20	<i>Lunch Break (E-posters view session)</i>	
14.20 - 16.00	Thematic Session: Higher education and mental health issues	
14.20 - 14.35	Medical students and peer support groups, an example from Croatia	Roberto Muzic (Croatia)
14.35 - 14.50	The impact of COVID-19 pandemic on the education system in students from Cluj-Napoca (online)	Catalina Crisan (Romania)
14.50 - 15.05	Medical students' attitude toward individuals with mental health conditions - follow-up study	Sanja Harhaji (Serbia)
15.05 - 15.15	The moments that give gray tones to life are sadness, depression and suicide; through the perspective of a medical student (online)	Maria Bulgar (Romania)
15.15 - 15.30	Skills exploration as a transdiagnostic factor for adolescents' resilience against daily life adversities	Georgia Christou (Cyprus)
15.30 - 15.45	Volunteering as a student at the Faculty of Psychology in Romania (online)	Alina Golea (Romania)



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15.45 - 16.00	Depression stigma and help-seeking in a university students' cohort pre-and post- COVID-19 pandemic: the effects of a RCT stigma reduction intervention	Virginia Conceicao <i>(Portugal)</i>
16.00 - 16.45	Keynote lecture: Innovative Strategies to reduce the use of coercion in psychiatric services (online)	Jose Miguel De Almeida <i>(Portugal)</i>
16.45 - 17.00	<i>Coffee Break (E-posters view session)</i>	
17.00 - 18.00	Keynote lecture: Overview of Substance Use Disorders in First Episode Psychosis and Best Practices for Addressing Them (online)	Melanie Bennett (USA)
18.00 - 19.00	Keynote lecture: Individual placement and supported employment for early intervention in psychoses (online)	Robert Drake (USA)



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Friday, October 14th, 2022 – “B” Hall (ONLINE)

09.00 - 10.10 Thematic Session: Addictions and mental health		
09.00 - 09.15	Pleasure, rational choices and drugs	Sonila Tivari Bitri <i>(Albania)</i>
09.15 - 09.30	Women in recovery - Women`s perspective on the women-only Alcoholics Anonymous mutual-help group from Romania and its benefits for recovery - A qualitative study	Adriana Lavinia Bulumac <i>(Romania)</i>
09.30 - 09.45	From solitude to solidarity - Alcoholism, a growing concern in Romania	Dragos Ciuperca <i>(Romania)</i>
09.45 - 10.00	Clustering of habit-forming risk behaviors and their associations with socio-demographic, health status and lifestyle characteristics	Junko Kose <i>(France)</i>
10.00 - 10.10	The influence of successful affiliation to Alcoholics Anonymous on mental health among individuals who attend AA meetings in Romania	Adriana Lavinia Bulumac <i>(Romania)</i>
11.15 - 11.30 Coffee Break (E-posters view session)		
12.15 - 13.45 Thematic Session: Pandemics and mental health issues		
12.15 - 12.30	Impact of COVID-19 effects on the mental health of women in Albania	Fatime Elezi <i>(Albania)</i>
12.30 - 12.45	Intersectional inequalities in working conditions and mental health during the COVID-19 pandemic	Insa Backhaus <i>(Germany)</i>
12.45 - 13.00	Domestic violence during COVID-19 pandemic in Cluj County - Romania	Catalina Crisan <i>(Romania)</i>
13.00 - 13.15	Stress in the radiological unit during the COVID-19 pandemic	Blerina Saraci Qirinxhi <i>(Albania)</i>
13.15 - 13.30	Resilience and mental health conditions – an overview	Felix Sisenop <i>(Germany)</i>
13.35 - 13.50	The effect of the COVID-19 pandemic on students' mental health	Akylbek Saktapov <i>(Kazakhstan)</i>
13.50 - 14.20 Lunch Break (E-posters view session)		
14.20 - 16.00 Thematic Session: Autism and other neurodevelopmental disorders		
14.20 - 14.35	Interoception – ideas on how to approach it in autism	Camelia Crismariu <i>(Romania)</i>
14.35 - 14.50	Autism spectrum disorders in genetic syndromes. Clinical aspects	Sonila Tomori <i>(Albania)</i>
14.50 - 15.05	Importance of genetic testing in autism spectrum disorders – The experience of the Regional Center of Genetics Dolj – Romania	Monica Laura Cara <i>(Romania)</i>
15.05 - 15.15	Association between parental age and autism spectrum disorders in Albania	Besmira Zenelaj <i>(Albania)</i>
15.15 - 15.30	Co-occurring epilepsy, autism spectrum disorders, intellectual disability regarding genetic features in Albanian children	Aferdita Tako <i>(Albania)</i>
15.30 - 15.45	Burnout syndrome in National Center for Children Treatment and Rehabilitation staff working with disabled children. An Albanian experience	Florida Dobi <i>(Albania)</i>
15.45 - 16.00	Gastrointestinal problems in children with neurodevelopmental problems	Ermira Dervishi <i>(Albania)</i>



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Saturday, October 15th, 2022 – “A” Hall (HYBRID)

09.00 - 10.00	Thematic Session: Mental health support interventions during crisis periods	
09.00 - 09.15	Mobile teams as a response to major civil psycho-trauma	Roberto Muzic (Croatia)
09.15 - 09.30	The transmission of trauma from mother to baby after the war in Bosnia-Herzegovina (online)	Karine Le Roch (France)
09.30 - 09.45	Who is IN of OUT-patient Mental Health Team? Is there any difference?	Aleksandra Milicevic Kalasic (Serbia)
09.45 - 10.00	Mobile teams as a response to war refugee crisis, lessons learned	Roberto Muzic (Croatia)
10.00 - 10.45	Keynote lecture: Disaster, emergencies and mental health	Jutta Lindert (Germany)
10.45 - 11.20	Keynote lecture: Physical and Mental Effects and Support for People Deprived of Their Homes: Findings from Ten Years after the Nuclear Power Plant Accident in Japan (online)	Hiroaki Ambo (Japan)
11:20 - 11.35	<i>Coffee Break (E-posters view session)</i>	
11.35 - 13.10	Thematic Session: COVID-19 pandemic and mental health	
11.35 - 11.55	The COVID-19 pandemic as a risk factor for anxiety, aggression and self-aggression. follow-up study for Bulgaria	Rumiana Dinolova (Bulgaria)
11.55 - 12.10	The impact of COVID-19 pandemic on mental health status of Jordanian population (online)	Mohammed Alsbou & Yazan Alsarayrah (Jordan)
12.10 - 12.25	Monitoring mental health in Austrian during the COVID-19 crisis: latest data (online)	Sophie Sagerschnig (Austria)
12.15 - 12.30	Comparison of the stress load of healthcare workers during and after COVID-19 pandemic (online)	Dragos Alexandru (Romania)
12.30 - 12.45	Adolescents' mental health during the COVID-19 in Slovenia (online)	Helena Jericek Klanscek (Slovenia)
12.45 - 13.00	During the COVID-19 pandemic evaluation of stress and depression among university of Georgia students: a pilot cross-sectional study (online)	Emmanuel Mgbedo (Georgia)
13.00 - 13.10	Suicidal behavior in an unstable pandemic and geopolitical context. Risk factors, prevention and treatment (online)	Victor Gheorman (Romania)
13.10 - 13.45	Keynote lecture: Suicide in times of COVID	Johan Bilsen (Belgium)
13.45 - 14.15	<i>Lunch Break (E-posters view session)</i>	
14.15 - 15.00	Symposium: Mental health in people with intellectual disabilities	European Association for Mental Health in Intellectual Disability
	Mental health in people with intellectual disabilities	Ken Courtenay (UK)
	Treatment from an attachment perspective: persons with a moderate to severe intellectual disability, with and without visual impairment (online)	Paula Sterkenburg (Netherlands)
15.00 - 16.30	Thematic Session: Mood disorders	
15.00 - 15.15	Needs assessment in the field of mental health	Irena Makivic (Slovenia)
15.15 - 15.30	Rethinking mood disorders through alternative epistemological locations: Indigenous & African-centered perspectives	Daniel Mango (USA)



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15.30 - 15.40	Longitudinal health behavior patterns among adults aged ≥ 50 years in China and their associations with depressive symptom trajectories <i>(online)</i>	Zeyun Feng <i>(China)</i>
15.40 - 15.50	Drift in depression prevalence disorder in Gulf Cooperation Council (GCC) countries over 30 years <i>(online)</i>	Mitha Al Balushi <i>(United Arab Emirates)</i>
15.50 - 16.00	The place of noninvasive brain stimulation in the treatment of depressive disorders <i>(online)</i>	Mihai-Viorel Zamfir <i>(Romania)</i>
16.00 - 16.10	Chronic insomnia, high trait anxiety and their comorbidity as risk factors for incident Type 2 Diabetes <i>(online)</i>	Pauline Duquenne <i>(France)</i>
16.10 - 16.25	<i>Coffee Break (E-posters view session)</i>	
16.25 - 17.20	Thematic Session: Children and adolescents mental health - an issue for future	
16.25 - 16.40	Children with intellectual disability 10-16 years old. Psychological model for work in the first stage of a diagnostic process in a clinical field	Svetlana Dimitrova <i>(Bulgaria)</i>
16.40 - 16.50	Barriers in mental health services in Albania (parents' perceptions) <i>(online)</i>	Enita Metaj <i>(Albania)</i>
16.50 - 17.00	Anxiety levels before surgery in children 5-13 years old, an Albanian experience <i>(online)</i>	Lorena Sila <i>(Albania)</i>
17.00 - 17.10	Left-behind children's coping with parental migration in Georgia: a qualitative study <i>(online)</i>	Khatia Antia <i>(Georgia)</i>
17.10 - 17.20	Executive dysfunction in adult patients with ADHD: from theory to practice <i>(online)</i>	Mihai-Viorel Zamfir <i>(Romania)</i>
17.20 - 17.30	Functional Abdominal Pain in Pediatric Emergency, an Albanian experience <i>(online)</i>	Gladiola Hoxha <i>(Albania)</i>
17.30 - 19.00	Thematic Session: Society and mental health services	
17.30 - 17.45	Towards the social construction of mental disorders in Bulgaria: aspects of stigma	Veronika Dimitrova <i>(Bulgaria)</i>
17.45 - 17.55	The effects of neurofeedback on the professional stress of workers: a systematic literature review <i>(online)</i>	Daniela Gaba <i>(Romania)</i>
17.55 - 18.05	Individual and organizational resources for managing the professional stress of Romanian health social workers <i>(online)</i>	Georgiana-Cristina Rentea <i>(Romania)</i>
18.05 - 18.20	The correlates of caregiver burden in informal caregivers for people with dementia <i>(online)</i>	Marta Nemcikova <i>(Slovakia)</i>
18.20 - 18.35	Caregiver burden, depression and anxiety in formal caregivers working in different settings for persons with dementia <i>(online)</i>	Zuzana Katreniakova <i>(Slovakia)</i>
18.35 - 18.45	Tasks of organizing psychological assistance in primary healthcare in Kazakhstan <i>(online)</i>	Lazzat Zhamaliyeva <i>(Kazakhstan)</i>
18.45 - 19.00	In and out of your mind <i>(online)</i>	Yana Petrova <i>(Bulgaria)</i>
19.00 - 19.15	Closing ceremony	



E-posters Session

The association between BMI and self-reported eight-items Patient Health Questionnaire (PHQ-8) in the UAE healthy future pilot study
Machine learning methods to impute missing values of depression risk score among the United Arab Emirates healthy future study participants
The importance of the impact of psychiatric pathology associated stigma – A case of doubt
The mental health of elderly veterans
Depression in Croatian veterans of the homeland war
New antidepressant prescriptions in the population of Brescia (Italy) before and after the COVID-19 pandemic (2018-2021)
The influence of physical activity on cognitive development and mental health in children and adolescents
Increased internet and internet – Specific activities usage during prolonged stress period in Croatia

Mitha Al Balushi (*United Arab Emirates*)

Mitha Al Balushi (*United Arab Emirates*)

Florin Alin Catrina (*Romania*)

Melita Jukic (*Croatia*)

Melita Jukic (*Croatia*)

Valentina Nervi (*Italy*)

Zrinka Selestrin (*Croatia*)

Lea Tomasic (*Croatia*)

